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Crisis/Talk Lines

Albany County Warmline

518-269-6634, operating 7 days a week from 8am to 5 pm. The line is staffed by Mobile Crisis Team workers and Albany County's Disaster Mental Health response team. It is for anyone who is being impacted by the COVID-19 outbreak.

Crisis Text Line

Text HOME to 741741 (National)

This is for those who might be either unable to make phone calls or have anxiety talking on the phone. If you text "HOME" to 741741, it will connect you with a crisis counselor that will talk with you via text for as long as needed. The following link includes an FAQ and information pertaining to the resource: <https://www.crisistextline.org/faq>

Mental Health Empowerment Exchange

1-518-235-2173 (Albany, Rensselaer, & Schenectady). Peer mentors will be available M – F, 9am to 9pm.

MHEP will be extending its hours of operation to offer telephonic peer support to any member of the community who is seeking resources or a supportive ear during this difficult time. Phone lines will be staffed by trained peer mentors. All calls are confidential and free to the public.

Mobile Crisis

(518) 292-5499 (Albany, Rensselaer, & Schenectady). Currently, they are not going into the hospitals. Mobile Crisis continues to provide telephonic support. They will also continue to go on site but will ask the following questions first:

1. Have you traveled to a country for which the CDC has issued a Level 2 or 3 travel designation within the last 14 days?;
2. Have you had contact with any Persons Under Investigation (PUIs) for COVID-19 within the last 14 days, OR with anyone with known COVID-19?; and
3. Do you have any symptoms of a respiratory infection (e.g., cough, sore throat, fever, or shortness of breath)?

Capital District COVID-19 Resource Guide

The Living Room

(518) 243-1523, 1023 State St, Schenectady; (518) 281-1186, 706 Madison Ave, Albany

The Living Room is a crisis drop in center but can also be used for telephonic support (telephonic is being encouraged when possible). All staff and patients are being screened at the entrance for symptoms of COVID-19. The Living Rooms aims to reduce mental health emergency room visits and hospitalizations. Guests will meet with a LCSW for assessment and then may spend time in the Living Room. There are rooms set up for meditation, activities, television, or quiet spaces. In addition to the LCSW there is also a Care Manager on staff who will work on community linkage and discharge planning.

The National Suicide Prevention Lifeline

Call 1-800-273-TALK (8255) or chat on their website www.suicidepreventionlifeline.org (National)

The National Suicide Prevention Lifeline is available for emotional support to people feeling overwhelmed by the COVID-19 pandemic. The Lifeline is free, confidential, and available to everyone in the U.S. You do not have to be suicidal to call the Lifeline. People can connect via phone or chat on their website.

DSS, Emergency Housing & Economic Relief

Albany County DSS - is not allowing applicants/recipients in the building. They are unable to provide information about how long the ban will continue, as they receive guidance daily. If Albany County residents are in need of emergency shelter, they can call the emergency 24-hour hotline at 463-2124.

Rensselaer County DSS – An appointment must be made prior to entering the building.

Mary K Cassidy - MaryKay.Cassidy@dfa.state.ny.us

Jennifer Backaus-West – Jennifer.Backaus-West@dfa.state.ny.us – Supervisor in TANF – Family Assistance/SNAP

Rebecca Chase – Rebecca.Chase@dfa.state.ny.us - Supervisor in Safety Net/SNAP

Dale Keenan – Dale.Keenan@dfa.state.ny.us - Supervisor in Safety Net for families that have exceeded the 60 month federal time limit

Joanne Donnelly – Joanne.Donnelly@dfa.state.ny.us - Supervisor in HEAP

Mary Chris Reo – Mary.Reo@dfa.state.ny.us - Supervisor in Medicaid

Rachael Dean – Rachael.Dean@dfa.state.ny.us – Supervisor in Adult Protective Services

Schenectady County DSS - Applicants are by appointment for emergency housing. If Schenectady County residents are in need of housing, they can call the hotline at 518-382-0383. The worker screens the applicant by phone ahead of time to see if it's a true emergency. They are taking everyone's temperature at the door.

Brandy.Hillard-Bouldin@dfa.state.ny.us TA Director

Angela.Boyd@dfa.state.ny.us Principle Examiner

Stephanie.Languell@dfa.state.ny.us Supervisor of SNAP, HEAP, Energy, and Burials

United Way has a community economic relief fund that helps with bills, rent and food. You can call 1-866-211-9966. They need their zip code and will be provided with lists of local agencies that can help.

More to come on shelters' responses to COVID-19

Food Pantries and Other Food Services

Food Pantries

ALBANY COUNTY

Albany Community Action Partnership (ACAP), Cohoes Outreach

Address: 145 Remsen St, Cohoes 12047

Hours: M-W-F 9-12 & 1-4:30

**COVID 19 Hours: Wednesday and Friday 9:00
am - 12:00 pm (Please Call For Apt.)**

Contact: Renee Williams Bond, Jessica DeJesus,
Tasha Pringle

Office: (518) 237-9201 Ext: 1

Fax: (518) 689-2233

www.albanycap.org

Altamont Community Food Pantry

Address: 122 Grand St, Altamont 12009

Hours: 1st & 3rd T 4-5 pm;

COVID 19 Procedure Change: Pre-packing bags

Contact: Judy Seery

Church: (518) 861-8770

Alternate: (518) 861-6542

Arbor Hill Community Center

Address: 47 Lark St, Albany 12210

Hours: M,T,Th,F 10-12 & 1-4:30pm

W 11-2 & 3-6pm

Tues & Th 1:15-3 produce

COVID 19 Hours: Normal open hours

COVID 19 Procedure Change: Pre-packed bags

Program Manager: Andre Lewis

Contact: Clara Sorrell

Pantry Office: (518) 463-1516 Ext:110

Fax: (518) 694-3678

Bethlehem Food Pantry

Address: 445 Delaware Ave,
Delmar NY 12054

Hours: M 2:30-4:30; W 9-12; F 10:30-12:30

Must call first, by appointment only

COVID 19 Hours: Regular hours.

**Pantry is open by Appointment ONLY, Please
Call 518-439-4955 x 1173 to place orders of
essential needs (noting food allergies). Pre-
packed bags will be brought to the outside
entrance. Town Hall in which our pantry is
housed is CLOSED to the public.**

Contact: Heidi Ziemke/Alice Parker/Will Vale

Office: (518) 439-4955 Ext:1176

Fax: (518) 439-2125

Blessed Sacrament Parish

Address: 607 Central Ave, Albany 12206

Hours: M & TH 10-11:15

Contact: Sr. Patricia Lynch

Office: (518) 482-3375

Fax: (518) 482-3376

Cathedral Social Services

Address: 93 Park Ave, Albany 12202

Hours: M-F 10-12

COVID 19 Hours: Mon-Thurs 10am-12pm

**COVID 19 Procedure Change: Pre-packed bags -
no public access into pantry - NO THRIFT - NO
CLOTHING DONATIONS**

Contact: Mark Ciavardoni

Office: (518) 463-2279

Fax: (518) 436-5177

Christ Our Light Church

Address: 1 Maria Drive,
Loudonville NY 12211

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3rd Sat 8:15-11:30,
Emergency call M-F 8-3

**COVID PROCEDURE: contact (518) 459-6635
with additional food needs**

Contact: George Elmer
Office: (518) 459-6635
Fax: (518) 459-8379

First Church in Albany

Address: 110 N Pearl St, Albany 12207
Hours: M & W 9-11:30
Contact: Lorraine Houk
Office: (518) 463-4449
Fax: (518) 443-0461

FOCUS Interfaith Food Pantry

Address: Emmanuel Baptist Church
275 State St, Albany 12210
Hours: M - F 10:00-1 pm
last Sat. of the month 10:00-1 pm
**COVID 19 Pantry orders must be made by
phone and picked up by appointment
ONLY, Please call: (518) 443-0460
Last pickup time will be 12:45pm
Bldg. is CLOSED to the public, pre-packed bags
will be picked up at the door. Clients may order
their food 1 day ahead.**
Contact: Lorraine Houk
Office: (518) 443-0460
Fax: (518) 443-0461

Guilderland Food Pantry

Address: Hamilton United Presbyterian Church
4 Charles Blvd, Guilderland 12084
Hours: M-S call between 9:30-11:00 pm
by appt only
Contact: John McDonnell
Office: (518) 930-1001

Hilltowns Community Resource Center

Address: 566 State Rte 143,
Westerlo NY 12193
Hours: Mon-Fri 9 am-5 pm
**COVID 19 Please call in advance.
Pre-packed bags**
Contact: Mary Beth Peterson, Misty Schaffer
Office: (518) 966-7380
Fax: Same number CALL FIRST

www.rcda.org

Immaculate Heart of Mary

Address: 2425 7th Ave,
Watervliet 12189
Hours: T & Th 9-10 am
COVID 19 Hours: PANTRY CLOSED
Contact: Mary Beth Knapik
Office: (518) 273-6020
Fax: (518) 273-3978
Soup kitchen: M 3:30-5:30

Mater Christi

Address: 3 West Erie Street,
Albany NY 12208
Hours: 1st and 3rd Mon of the month 9am-1pm
or by appt. Call the office first.
COVID PROCEDURE:
***Serving by appointment ONLY, pre-packed
bags brought out to clients. Distributed from
the parish office:
*40 Hopewell Street Albany, 12208***
**COVID 19 ADD Services: Families w/ school aged
children may visit the pantry once a week to
replace school lunches Call - (518) 596-6691 to
coordinate pick-up**
Contact: Kathy Naughter
Pantry: (518) 596-6691
Fax: (518) 482-3721
Office: (518) 489-3204

New Scotland Community Food Pantry

Address: St. Matthew's Church
25 Mountainview St, Voorheesville 12186
Contact: Wake Gardner
COVID 19 HOURS: By appointment ONLY
Office: (518) 765-3806 Ext: 31

Onesquethaw Reformed Church FP

Address: 11 Groesbeck Rd,
Feura Bush NY 12067
Hours: 2nd Tuesday of month 8:30-10:30 or by
appointment.
Contact: Robin Hughes
Office: (518) 256-9526

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Sacred Heart Outreach

Address: 33 Walter St, Albany 12204
Hours: Tues 1:00-3:00, Thurs 10:00-11:45
Contact: Sr. Mary Ellen Owens
Office: (518) 434-0680
Fax: (518) 462-0506
Soup Kitchen: Wed 11:30-12:30

COVID 19 PROCEDURE: Grab and go community meal

Salvation Army Food Pantry Albany

Address: 20 S Ferry St, Albany 12202
Hours: M 2-6pm, W & F 10am-2pm
Contact: Debra Stiles, Digna Swingle
Office: (518) 463-6678
Fax: (518) 463-0138

Salvation Army Cohoes

Address: 49 Johnston Ave, Cohoes 12047
Hours: Tue & Thurs: 10am-2pm, last week of month 10am-11am
Contact: Debra Stiles
Office: (518) 223-0398

St. Ambrose

Address: 347 Old Loudon Road,
Albany NY 12110
Hours: M-W 10-2, M & Th 4-6, F 10-12
Must Call First, 24 hr turnaround

COVID 19 HOURS:

Monday: 10 am to 12 & 4 pm to 6 pm

Tuesday: 10 to 12

Wednesday: 10 to 12

Thursday: closed

Friday: 10 to 12

BY APPOINTMENT (24 hrs)

Contact: Pauline Kubizne, Pat Ostiguy

Office: (518) 785-1351

www.churchofstambrose.org

St. Clare's Food Pantry

Address: 1947 Central Ave. Colonie 12205
Emergency: M-F 8:30am-3:30pm

COVID 19 Procedure Change: Church office is CLOSED, Emergency Food NO LONGER available M-F.

Full pantry: 2nd & 4th Thurs. 10 am-12 pm

During normal pantry hours, clients are NOT Allowed in the building, food will be brought out.

Contact: Jim Beninati, Don Kintner, Ken LaPenta
Office: (518) 456-3112 x115
Fax: (518) 456-1072

St. James Food Pantry

Address: 391 Delaware Ave,
Albany NY 12209

Note: Enter off of St. James Place

Hours: Tue 11-2 & Thurs 1-4

Contact: Linda Cruz

Office: (518) 427-6433

Fax: (518) 433-8032

St. John's/St. Ann's Center

Address: 88 4th Ave, Albany 12202

Hours: M-W-Th: 10-12pm & 1-3pm

Fri: 10am-12pm

COVID 19 Please call to make an appointment.

Pre-packed bags

Contact: Barbara Quinn

Office: (518) 472-9091 Ext: 14

Fax: (518) 427-5983

www.sjsacenter.org

Soup Kitchen: T and Sat 11:30-1 pm

COVID 19 Hours: ALL Meals are take out ONLY.

Serving clients one at a time.

St. Mary's Outreach

Address: 10 Lodge St, Albany 12207

Note: Steuben St. entrance

COVID 19 Hours: CLOSED MARCH 19th

Hours: T, TH, F 9-11:30

Contact: Sr. Mary Ellen Owens

Office: (518) 462-4357

Fax: (518) 462-4255

"The Pantry" @ St. Patrick's

Address: 21 Main St, Ravena 12143

Hours: T 10-11:00, W 6-7pm, F 10-11

Contact: Diane Hoffman

Office: (518) 756-3145

Fax: (518) 756-8411

St. Vincent de Paul Food Pantry

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Address: 984 Madison Ave, Albany 12208

Hours: M, W, Th 12:30-2:30

COVID 19 Procedure Change: New Intake Order Form - Staff pre-packing Bags

Contact: Angela Warner

Office: (518) 694-3153

Fax: (518) 489-5474

Sister Maureen Joyce Food Pantry

Address: 315 Sheridan Ave, Albany 12204

Hours: T, W & F 9-1

Wed 9-12 produce distribution

Contact: Renee Wendover

Office: (518) 347-9546

Fax: N/A

COVID 19 Please call to make an appointment.

Pantry may be Pre-packing bags.

COVID 19 Procedure: Limiting access to 5 people in the pantry at a time. Will direct clients as they arrive at the pantry.

Soup Kitchen

Address: 369 Livingston Avenue

Hours: M & TH 11:30-1

518-462-9885

The Help Center at Capital Church

Address: 31 Vly Rd, Albany 12205

Hours: TH 6:00-7:00 pm

Contact: John "Mac" McDonnell, Cheryl McDonnell

Office: (518) 456-3022 Ext: 7

Fax: (518) 557-0163

capitalchurchny.org

Trinity Alliance of the Capital Region

Address: 15 Trinity Pl, Albany 12202

Hours: Mon-Fri 10-12 & 1-4:30 Pantry

T & TH-10-12 pantry, 1:15-3:15 produce
3:15-4:30 pantry

W-11-2 & 3-6 pantry

COVID 19 Hours: Normal open hours

COVID 19 Procedure Change: Pre-packed bags

Program Manager: Andre Lewis

Coordinator: Eddie Richardson

Office: (518) 449-5155 Ext: 132

Fax: (518) 689-0379

Trinity United Methodist Church FP (TUM)

Address: 1309 SR 143,

Coeymans Hollow, NY 12046

Hours: Last M of the month 5-6pm

Last Sat of the month 10-11am

Contact: Melanie Collins

Office: (518) 518-756-2812

COVID 19 - will bring food to cars

United Church of Cohoes

Address: 123 Mohawk Street,

Cohoes NY 12047

Hours: M, W, F 10-12

Contact: Crystal Rich

Office: (518) 237-0278

www.CohoesECOPC.org

Venture Churches Food Pantry

Address: 38 Church Road, Selkirk 12158

Hours: Tue 9:30-11:30am, 5-7pm

or by appointment

Contact: Carol Broderick

Church: 518-767-2243

COVID 19 - will bring food to cars, no one allowed in pantry.

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RENSSELAER COUNTY

The Anchor

Address: 35 Boltwood Ave, Castleton 12033

Hours: M 5-7 pm; T 9-2; TH 9-2;

1st Saturday of month 10-2

Emergency as needed

Contact: Paula Sancomb

Office: (518) 732-4120

COVID 19 - will bring food to cars

Brunswick Cares Community FP

Address: 42 White Church Lane, Troy 12180

Hours: Tues 5-7 pm, Sat 9-11 am

COVID PROCEDURE: Pre-packed bags

Contact: Sharon Derby / Bob Clarke

Office: (518) 279-3792

Fax: (518) 279-0669

www.brunswickchurch.org

Commission on Economic Opportunity

Address: 2328 5th Ave, Troy 12180

Hours: M,W,F 9-4:30, T 9-3, Th 9-5:30,

COVID 19 Hours: 10:00 - 2:00pm call for an

appointment. Pre-packed bags

Pantry Coordinator: Majd Jauhary

Office: (518) 272-6012 Ext: 247

Fax: (518) 687-0197

www.ceo-cap.org

CoNSERNs – U

Address: 50 Herrick St.,

Rensselaer NY 12144

Hours: M-TH 9-2; F 9-12

Services include a food pantry, information and referral service, advocacy, clothing, back-to-school, emergency assistance (including utility assistance), and holiday gift and food distributions. Casework services are also provided to individuals and families throughout rural Rensselaer County.

COVID 19 Please call to make an appointment.

Pre-packed bags.

Contact: Michelle Able/Katie Powers

Office: (518) 463-8571

Fax: (518) 463-8747

www.cccrca.org

Doors of Hope

Address: 4348 Rte 150,

West Sand Lake NY 12196

Hours: M-W: 9-4; TH 9-7; F: 9-4, Sat 9-12

COVID 19 HOURS: Tue-Sat. 9 am-12pm by appointment ONLY

Please call 518-674-4048

COVID PROCEDURE: NO THRIFT Store, Bldg. is CLOSED to public, for latest update

info: [https://www.facebook.com/pg/Doors-of-Hope-](https://www.facebook.com/pg/Doors-of-Hope-203159600130157/posts/?ref=page_internal)

[203159600130157/posts/?ref=page_internal](https://www.facebook.com/pg/Doors-of-Hope-203159600130157/posts/?ref=page_internal)

Contact: Helene Hewitt

Office: (518) 674-4048

Faith and Love Fellowship

Address: 85 Washington St.,

Rensselaer NY 12144

Hours: 2nd & 4th F 1-3:30

Contact: Wendy and Rick Derosier;

Laurie Hathaway

Office: (518) 436-0114

Fax: (518) 462-6234

The Gathering Place

(New Hope for Life)

Address: 24 Albany Ave, Nassau 12123

Hours: T, TH 5-7 pm; F and Sat. 10-1

Mary Lou Walther

Office: (518) 766-4164

Fax: (518) 766-4161 – CALL FIRST

Hoosick Area Church Association

(HACA) Food Pantry

Address: 26 John St., Hoosick Falls 12090

Hours: M & F 10-12, W 6:30-8:00pm

Contact: Dianne Hosterman

Office: (518) 686-5310

Text: (518) 366-6167

Hope 7 Food Pantry

Address: 520 Pawling Ave, Troy 12180

Hours: M-F 9:30-11:45am, Thurs 5p-7p, last sat of the month 9:30-11:45

COVID 19 - call when you arrive to pantry, will bring food to cars

Contact: Sherri Capparello

Executive Director: (Interim) Kathleen Roe

Capital District COVID-19 Resource Guide

Office: (518) 272-1547

Fax: (518) 272-5782

www.hopeseven.com

Mt. Ida Community Food Pantry

Address: 548 Congress St, Troy 12180

Hours: Sat. 10-12 or by appt

COVID 19 - Is pre-bagging food. Sign up and receive food at the door or by calling to make an appointment.

Denise Dunham

Office: (518) 272-1115

Nassau Resource Center

Address: 15 Church St, Nassau NY 12123

Hours: M, T, F 9-12;

Tues 7-8:30 pm Th 7:00- 8:30pm

Contact: Diana Murphy

Office: (518) 766-9014

Fax: Same number as above MUST call first

COVID 19 - will pack and bring to the door for the client to take

Pittstown Area Food Pantry

Address: 97 Tomhannock Road,

Valley Falls NY 12185

Hours: T 6:30-7:30pm, Sat 9-10am

Contact: Connie Madigan

Office: (518) 663-5628

Roarke Center Food Pantry

Address: 107 4th St, Troy NY 12180

Hours: M & F 9:00-12 & 1-3

T,W,Th 1-3

COVID 19 Please call to make an appointment.

Pre-packed bags will be brought to the door.

Contact: Salley Zgolinski

Office: (518) 273-8351

Fax: (518) 270-0579

St. Joseph's Church

Address: 416 3rd St, Troy 12180

Hours: M-TH 9-12

COVID 19 HOURS: PANTRY CLOSED

Contact: Gary Hack

Office: (518) 244-3347

Fax: (518) 272-6503

Salvation Army Troy

Address: 410 River St, Troy 12180

Hours: T, Th 10-2, W produce 10-2

Contact: Vangerl Pegues

Office: (518) 272-4901

COVID 19 - one client in pantry at a time.

Troy Larger Parish (TLP) Food Pantry

Address: Oakwood Community Center

313 Tenth Street, Troy NY 12180

Hours: Sat 9-11 am

COVID 19 PROCEDURE: Oakwood will serve bagged lunches M, W, F from 12-1 pm, to children from School 2 who may have not gotten to the high school.

Contact: Linda O'Malley

Office: (518) 273-5199

Unity House of Troy

Address: 2431 6th Avenue, Troy NY 12180

Hours: Mon-Fri 9-3:30, Th 9-7

COVID 19 PROCEDURE: Pre-packed bags - by appointment ONLY and community meals to go.

Contact: Timothy Pascucci / Mike Maloney

Office: (518) 274-2607 Ext: 4105

Fax: (518) 271-9687

Soup Kitchen: breakfast 9-11 and lunch 11:30-1 weekdays

YWCA-Greater Capital Region

Address: 21 First St, Troy NY 12180

Hours: M 2-4; T,W,Th 1-4

COVID 19 PROCEDURE: Pre-packed bags, No Bldg. Access,

Extended Hours: Mon.- Thurs. 12:00 to 4:00pm and Fridays from 10:00 am to 12:00pm. We are serving at curbside for our community members.(protein added at that time)

Contact: Bonnie Benson

Office: (518) 274-7100

Fax: (518) 274-2572

Community Meal Thurs. 6pm

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SCHENECTADY COUNTY

The Bridge Food Pantry

Address: 801 Crane St, Schenectady 12303

Hours: 3rd Wed 4:00 PM

COVID PROCEDURE: Pre-packed bags given out

Contact: Rosa Rodriguez

Office: (518) 878-0632

Salvation Army Schenectady

Address: 222 Lafayette St, Sch'dy 12305

Hours: T, W, Th 9:30-11:30

COVID 19 Pantry by appointment ONLY

Contact: Esther Decena

Phone:(518) 346-0222 ext. 110

COVID 19 PROCEDURE: Pre-packed bags given out 10:00am-12:00pm each day as a grab-and-go situation. Only one meal will be given per day.

Contact: Digna Swingle or Esther Decena

Office: (518) 346-0222

Fax: (518) 346-0371

Bethesda House

Address: 834 State St, Schenectady 12305

Hours: 2nd and 3rd Tuesday 9-11 and 1-3

**COVID 19 CLOSED for the month of MARCH-
For emergency situation, please call (518) 374-7873 for assistance**

Contact: Louise O'Leary

Office: (518) 374-7873

PG Wright Food Pantry

Address: 2450 Van Vranken Ave, Schenectady NY 12308

Hours: 2nd, 3rd, and 4th Thursday 9-1

**COVID 19 Hours: 2nd, 3rd, and 4th Thursdays
9am-11am (Limit 20 families)**

COVID 19 PROCEDURE: Pre-packed; one person in bldg. at a time

Contact: Louise O'Leary

Office: (518) 374-7837

SHENECTADY COUNTY

***Non-member Pantries**

Please Call first to get the latest updated information.

***Sch'dy Inner City Ministry (SICM)**

839 Albany St, Schenectady, NY 12307

Pantry: 346-4445

Contact: Ariel White

COVID 19 Hours M-W-F 9am-11:30am

COVID 19 PROCEDURE: Serving ONLY one person at a time. After you have been served, please leave the building immediately.

The shuttle buss provided by SICM will not be in use until further notice.

For any Sch'dy County resident/please provide proof of address.

Open M-W-Th-F & 3rd Sat., 9:00-11:30 am **“full visit once per month”**

Mass Distribution the last Thurs. of each month - 9:00 to 11:30 am

ID's required for every family member each visit

***Scotia-Glenville Pantry**

City View Church

132 Mohawk Ave. (Rte. 5)

Scotia, NY 12302

Contact: Tim Horn or Kelly Gibbons

Phone: 423-4132/588-8214

Open to residents of **Scotia & Glenville Only - “One visit per month”**

Open Tuesdays, 5:30-7:00 pm & Fridays, 9:00-11:00 am

ID's required for every family member

COVID 19 Hours Tues. 5:30-7pm and Fri. 9-11am.

COVID 19 PROCEDURE: Pre-packed bags given out, Limited Bldg. access. Clients asked to leave after receiving their bags.

***St. Luke's Food Pantry**

1243 State St.

(Pantry entrance on Division St.)

Schenectady, NY 12304

Phone: (518) 347-1385

Must call to make appointment

no later than 8:00 am

Clients will leave a VM message that they would like to utilize the pantry, will get a call back to choose food over the phone and be given day/time of food pick-up.

Open: Tues.-Wed.-Thurs. 10 am-3 pm

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***Grace and Mercy Ministry Food Pantry**

1401 State Street, Schenectady, NY
Open the 1st and 3rd Sat. of each month from
11am- 2pm

Contact: Pastor Ronald Butler
Phone: (518) 630-8404

***Harmony Fellowship**

888 Albany St.
Schenectady, NY 12307
Phone: (518) 331-6243
Pantry open 2nd & 4th
Thursday of month 3-5 pm
Coffee Shop open Tuesday-Friday 2-5 pm

***Lighthouse Food Pantry**

4780 Duaneburg Rd
(5.4 miles from 5 corners)
Princeton, NY, 12056
Phone: (518) 355-2277
Open Wed.-Thur.-Fri. 4 – 6 pm
Need proof of address.

***State Street Food Pantry**

State Street Presbyterian Church
5 Catherine St.
Schenectady, NY, 12307
Contact: Minnie
Phone: (518) 709-9268
Open: Mon, Tues, Wed 12:30– 3:00 pm or until
run out.

“Clients can come monthly”

***St. Paul the Apostle**

St. Vincent de Paul Society
2777 Albany St. Schenectady, NY
Call for Reservation 377-8886

***Trinity Baptist**

Church
2635 Balltown Rd.
Niskayuna, NY 12309
First and third Thursday 7-8 pm
Please use back entrance of building

***Bellevue Reformed Church**

Little Free Food Pantry
2000 Broadway

Schenectady, NY 12306

Open 24/7, Please come and take whatever
food you need from the cabinet the No
ID/paperwork needed

***Braman Food Pantry**

7963 State Route 30 (at Braman Corners)
Delanson, NY 12053
Phone: (518) 956-1758
Every Thurs. 1-3 pm and Wed. 5-7 pm
Or by appointment
“Once Per Month”

***Our Lady of Fatima Pantry**

1735 Alexander Road
Delanson, NY 12053
Contact: Laura Countryman
Phone: (518) 895-2788
Duaneburg, Delanson, Quaker Street,
Esperance and Mariaville areas only.
By appointment Only.
“Once Per Month”

***The Gathered Remnant Ministry**

1374-76 10th Ave. Sch'dy NY 12303
Contact: Rev. Cynthia
VanAlstyne
Phone: (518) 374-3487
Clothing & Food pantry available the 3rd
Tuesday and 4th Thursday of the month from
1:00pm – 6:00pm. Hot meal available 3rd & 4th
Saturday of the month, 12:30pm –
3pm.
Copying and faxing also available.

***Villa Fusco Food Pantry**

955 Balltown Rd.
Niskayuna, NY 12309
Contact: Sr. Caroline
Phone: (518) 377-1613
Open on the third Sat. every month, 12-2 pm.
Please call on the Thurs. or Fri. before the third
Sat. for appointment

***Messiah Lutheran Bread of**

Life Food Pantry
2850 Guilderland Ave.
Schenectady, NY 12306

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3rd Mon of every month, 9:00 - 12:00pm

4th Mon. of every month, 5:00 – 8:00 pm

3rd Sat. of every month, 9:00 – 12:00 pm

* Starting January 25, 2020

“NO REFERRAL CURRENTLY NEEDED. ONLY PHOTO ID”. Each person will receive approx. 9 meals worth of food

COVID 19 Call for Appointment

Phone: (518) 374-5104

Mar. 23, 5-8 pm &

Mar. 28, 9-12 pm

COVID 19 PROCEDURE: Pre-packed bags delivered to guests remaining in their vehicles. Contact: Judith

Becker

Phone: (518) 374-5104

Food for Infants and Young Children

Health Families

Laurie McBain - Laurie.McBain@sphp.com. Healthy Families of Rensselaer County and the Albany and Schenectady Healthy Families are continuing to make attempts to support our at risk and most vulnerability community members. Please contact me directly with questions and or concerns related to expecting parent s and parents with infants and young children.

Our partners at NYS DOH have been assisting us with getting information on the shortage of formula here in NY. They shared with us that NYS WIC is aware of the issue with formula shortage, as is USDA, the federal agency which funds WIC. WIC contracts with Mead Johnson, one of the three main infant formula suppliers, to supply the majority of WIC participants with formula. Mead Johnson is expediting formula production, and shipping unprecedented amounts of product to stores, with a particular focus on formulas supplied by WIC. WIC Vendor Management Agencies, which oversee stores on contract to supply WIC foods and formula, are working on behalf of participants to locate where formula is in stock. This is a link to New York State WIC Vendor Management Agencies: <https://nyswicvendors.com/vma-locations/> Families associated with WIC can reach out to the VMA's in their region directly to get information on where to locate formula.

Food for Children

Albany City School District will provide “grab and go” meals to students during the two-week school closure. Beginning Monday, March 16, the following schools will be open from 11:30 a.m.-1 p.m., daily throughout the school closure. Lunch for the current day and breakfast for the following day will be available to district students at these locations.

- Albany High School (Washington Avenue entrance), 700 Washington Ave.

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- Albany School of Humanities (ASH), 108 Whitehall Road
- Arbor Hill Elementary School, 1 Arbor Drive
- Giffen Memorial Elementary School, 274 South Pearl St.
- Tony Clement Center for Education, 395 Elk St.
- William S. Hackett Middle School, 45 Delaware Ave.

Lunch for the current day and breakfast for the following day will be available to district students at these locations each weekday through Friday, March 27. All schools are scheduled to reopen Monday, March 30. Please look for a representative or sign indicating where meals can be picked up at the above locations.

Cohoes School District

Outside Cohoes High and Van Schaick Grade School - Food distribution from 11-12:30pm

United Church of Cohoes - Monday and Tuesday Breakfast: 8-9am, Lunch: 11:30-12:30pm

Guilderland Central School District

GCSD is moving meals to an all-delivery system starting Thursday, March 19, 2020.

Families who currently receive free or reduced meals from GCSD, will automatically receive deliveries of a 3-day supply on Mondays and Thursdays. Any other students in need can request a delivery as well.

Any other students interested in receiving meal deliveries, please contact Megan Beck at beckm@guilderlandschools.net

Meal Delivery Details

- Deliveries will take place on Mondays and Thursdays between the hours of 10 a.m. and 1 p.m.
- 3 days worth of breakfast and lunch will be provided on each delivery day.
- If your child has any dietary restrictions, please email Megan Beck at beckm@guilderlandschools.net
- If your child attends a childcare center within the boundaries of the GCSD, that participates in CACFP, those children are eligible for meals provided by the school district.

Schenectady City School District will provide meals each day even while school is closed. In order to receive your breakfast and lunch, you will need to drive or walk to your school's designated location. When you pick up your lunch, you will also receive breakfast for the following day. You will need to provide your child's lunch/student ID. Assistance will be provided in the event you don't know it.

When you arrive at the location, please look for the pop-up tent in the parking lot. Stay in your car and pull up to the table. Your meals will be passed to you. If you walk to a site, please use the designated line to pick up your meals.

Meal Pick-up Time

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The time you pick up your meals is determined by the first letter of your child’s last name as follows:

- **A-J:** Pick-up Time 10:30 – 11:30 a.m.
- **K-T:** Pick-up Time 11:30 a.m. – 12:30 p.m.
- **U-Z:** Pick-up Time 12:30 – 1:30 p.m.

Meal Pick Up Locations

Your pick-up location is determined by which school your child attends as is outlined below.

PICK UP LOCATION	PICK UP LOCATION	PICK UP LOCATION
SHS Fine Arts Wing	Hamilton School	Woodlawn School
Yates	Keane	Paige
Zoller	Lincoln	Woodlawn
Howe	King	
Oneida	Pleasant Valley	
Central Park	Hamilton	
Schenectady H.S.	Van Corlaer	
	Mont Pleasant	
	SCLA/Ready to Learn	
	Washington Irving	

The Rensselaer County School District food service department will be providing meals to students in the community, beginning Wednesday, March 18th. We will be utilizing school bus services to deliver lunch as well as breakfast for the following day, based on your child/children’s scheduled morning bus stop.

If you are interested in receiving meals for your child/children, please call Terri Hopper after 7am on Tuesday, March 17th, 2020 at 518-396-3491. We will need to know the following information:

- Your child/children’s name
- Parent/guardian name
- The letter designated to your child/children’s bus for the morning route
- The nearest intersection
- Food allergies

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If you are unable to get through via the phone, you may email Louis Lanz this information at llanz@rcsd.k12.ny.us. The bus schedule can be found in the link below:

<https://docs.google.com/document/d/1fAx1H870ci2tCxNP0LEPVb4RUODOvMSLPfodU6QZkfl/edit?fbclid=IwAR2FXWmBLHm8PZebiuOmHgqA2VWq4hdlRZ-KrGvT1fl1wYna5h1vdMZvNDI>

Boys and Girls Club of the Capital Area (Albany, Troy) will be offering free Breakfast and Lunch to all youth ages 18 and younger.

Food will be available at the following locations between the hours of 11:30am and 12:30pm:

- Albany Locations: Ezra Prentice, Creighton Storey, Robert E. Whalen, North Albany Homes
- Troy Locations: Griswold Heights, Corliss Park, Arnold E. Fallon, Marin Luther King, Margaret W. Phalon, Catherine Sweeney, Joh, P. Taylor

Mater Christi Food Pantry (Albany) will be offering families with school aged children a pantry visit once every week to replace the loss of school lunches during the closure. Call for an appointment at (518)-569-6691

Victory Christian Church (Albany) is mobilizing to give school children the subsidized meals they would receive if their school weren't closed for COVID-19.

City Kid Smoothie Truck (Mobile Route) - Free Lunch, 12pm – 2pm
Dinner, 4pm – 6pm – JC Club 498 1st St, Albany, NY 12206 - (518) 434-6100
Take-home breakfast to be passed out after dinner (518) 434-6100

The church's mobile food truck, the City Kids Smoothie Truck, will stop along city routes to serve free lunches to those students from 12pm to 2pm. They'll also serve dinner from 4pm to 6pm at the JC Club on Quail Street. Afterward, they'll hand out take-home breakfasts for the next morning.

Oakwood Community Center (Troy) is providing bagged lunch to kids – Monday, Wednesday, and Friday from 12pm to 1pm during school closure.

Restaurants Offering Help to Children

Keep an eye our for local restaurants giving away free food. Many are trying to cut down on waste (business is low due to social distancing and food would go to waste otherwise)

Inferno Pizzeria (Niskayuna) – Free slices for children

Ted's Fish Fry

Kids EAT FREE - All Locations, 11a to 2pm

- 203 Wolf Rd. Albany, NY
- 636 New Loudon Rd, Latham, NY
- 447 3rd Ave, Watervliet, NY
- 700 Hoosick St. Troy, NY
- 350 2nd Ave. Troy, NY

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- 1663 U.S. 9 Clifton Park, NY

Free Kids Meal with trade in your kid's artwork or homework.

Meals will be available: 11am-2pm

(Fish & Chips/Hotdog/Grilled Cheese)

South End Children's Cafe

Free meals to children and caretakers

RSVP # meals needed & any food allergies

Contact: Lily @ 518-478-3369

Pickup Meals: M-F 5-6:00 pm

Kitchen 216

85 Central Ave. Albany NY

Free Lunch to "75" K-12 Children each day

Meal choice will be posted to our Facebook page at 10am, Meals will be available 12-3 pm

C.O.C.O.A. House

869 Stanley St. Schenectady, NY 12307

Pizza for youngsters

Wed. and Friday's 12-2 pm

Delivered lunch or dinner meal service offered to families in need, donor by local businesses..

Message William Rivas via C.O.C.O.A. Facebook page <https://www.facebook.com/CocoaHouseInc/>

Food for Seniors

Essential Shelf

Call 518-459-6422 to set up a time to pick up items. 1716 Central Ave, Albany, NY 12205. Essential Shelf was created in partnership with Ms. Johnson from Girl Scout Troop 1474 to increase awareness regarding food insecurity to those who are returning home after being in a nursing home. Due to the unprecedented events from COVID-19, Capital District Center for Independence, Inc. has supplies for individuals in desperate need. In stock right now:

- Canned food
- Dried pasta
- Adult attends

You can also call to arrange a donation drop-off.

Life-Path Additional Services

In the following service areas, **anyone 60+ regardless of whether they are homebound or have a disability can get Meals On Wheels delivered.**

Cohoes and Green Island: Call the Cohoes Senior Center at 518-235-2420. Ask for Beth Slezak.

Watervliet: Call the Watervliet Senior Center at 518-273-4422. Ask for Kathy.

Albany: Call the LifePath Main Office at 518-465-3322

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In addition to Meals On Wheels, LifePath is offering telephone reassurance (as their offices are closed) and some case-management type services. At this time they can offer some emergency supplies - paper products, diapers, etc. - delivered.

(Lifepath is attempting to secure funding to be able to offer prescription and grocery pickup).

Rensselaer County Aging/NY Connects

At this point ALL 5 senior centers are closed. We are continuing to deliver Home Delivered Meal. For those that went to the senior centers, they will have the option to receive a Home Delivered Meal.

All home assessments/visits have been suspended until further notice.

Medical Transportation has been cancelled until 4/03/20 at which time we will reevaluate.

Currently we are offering Home Delivered Meals to any senior 60 yrs or older who lives alone or with a spouse, has chronic illness, compromised immune system, lacks family/community supports or lacks availability to get food and supplies.

Although we are open, we are working with reduced staff. If you have any senior who is concerned or needs assistance please don't hesitate to call NY Connects at 518-270-2767.

Online Support Meetings

ONLINE RECOVERY RESOURCES/MEETINGS:

<https://unityrecovery.org/digital-recovery-meetings>

Offering online recovery support groups which will be available four times daily at 9AM, 12PM, 3PM, and 9PM EST.

<https://www.12step.org/social/online-meetings/>

Offers a variety of online meetings and various other outside resources

<https://www.AA-intergroup.org>

Offers online meetings with specialized topics with a variety of meeting formats (i.e. chat, text, e-mail, etc.)

https://www.addictionrecoveryguide.org/resources/online_communications/

Offers a variety of online communications, including chat rooms, message boards, etc. They also offer online media and online meetings with specific meeting topics (i.e. cocaine anonymous)

<https://www.intherooms.com/home/>

Offers online meetings with specialized topics. They have multiple modalities, including 12 step, non-12 step, over all wellness, and overall mental health.

<https://www.lifering.org/>

Provides online meetings using Zoom. They already have a set schedule for all 7 days of the week with various speakers already scheduled.

<https://na-recovery.org>

Offers a recovery chat rooms using text chat. They also provide other recovery resources such as testimonies, readings, etc.

<https://nachatroom.org>

Offers daily online meetings with 24/7 text chat with other members. They also offer a variety of extra resources, such as meditation for NA, relapse prevention, and other recovery-oriented resources.

<https://NAvoices.com>

Specifically, a narcotics anonymous forum and recovery community that uses text chat, Skype, and phone calls

<https://www.smartrecovery.org/>

Offers online meetings and an online community with message boards and a chat room

<https://stepchat.com>

Offers a variety of meetings based on an already set schedule using text chat

<https://womenforsobriety.org/community/#>

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Offers online support with open forums where women can share and seek support 24/7 plus text messaging support scheduled 2 times a day. They also offer phone support.

Pharmacy

CVS FREE 2 Day Delivery

Call 1-800-746-7287 to set up your delivery account. 2 Day delivery is a service normally offered by CVS but it is now FREE, due to the current needs of communities in the wake of the Coronavirus.

CVS Coronavirus Resource Hotline

1-888-300-4419 "Testing for COVID-19 will be available soon but we are not currently testing at our stores or many clinic locations"

Telehealth

ER Anywhere - Now for both CDPHP and MVP members! Serving Albany, Rensselaer, AND Schenectady. Free/no-cost access to telemedicine services to prevent the spread of the coronavirus (COVID-19).

CDPHP members can download the app on their smartphone, or simply call 1-866-ER-ANYWHERE to be connected to a live, emergency medicine provider, or visit www.cdphp.com/ERAnywhere.

MVP Health Care members can call 1-833-myERnow, or visit www.mvphealthcare.com/myERnow to be connected to a live, emergency medicine provider.

"Our Virtual ER platforms utilize the latest technology combined with a highly trained Emergency Medicine team ready to address COVID-19 symptoms and potential cases". If testing is determined to be appropriate and available, UCM will coordinate and prescribe testing. MVP Health Care and CDPHP are also reminding members of the following:

- COVID-19 diagnostic tests prescribed by doctors will be covered in full.
- There will be no prior authorization for COVID-19 testing.

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- Now is also a good time for members who have mail order benefits to consider ordering a 90-day supply of medications.

CDPHP and MVP Health Care have plans in place to remain operational in the event of any widespread illness. Should you need anything during this time, do not hesitate to call your plan's customer service team for questions related to your benefits or care.

CDPHP and MVP Health Care members can begin using the UCM service immediately.

Transportation

Circulation

On their website: "We are actively monitoring the situation and taking the precautionary steps as recommended by the Centers for Disease Control (CDC) and the World Health Organization (WHO).

Some of the actions we have taken include the following:

- We have provided our network providers detailed information for vehicle sanitation based upon CDC guidance. These sanitation protocols are recommended as standard practice, but are also specifically approved by the CDC for the COVID-19 coronavirus.
- We will work with all riders to reschedule any non-critical trips.
- We will coordinate with the local Emergency Medical Services (EMS) for transportation of anyone confirmed with the coronavirus infection.
- We are prepared to initiate standard Disaster Recovery protocols in local markets, as necessary, to proactively engage with dialysis clinics, chemotherapy providers, methadone clinics, and other providers of life-sustaining and critical services to accommodate any modified hours of operation or reduced staffing/treatment capacity. Initial preparatory outreach to these providers has already begun.
- As in other natural disasters and inclement weather events, our local operations staff in each state will coordinate with designated state and local Emergency Management Authorities to facilitate transportation for those critical healthcare needs.

Transparency is always important to us, but especially in times like these. We will work to keep everyone we serve informed as the situation evolves."

MAS

On their website: "In December 2019, a new respiratory disease called Coronavirus Disease 2019 (COVID-19) was detected in China. COVID-19 is caused by a virus (SARS-CoV-2) that is part of a large family of viruses called coronaviruses. To help prevent spread of COVID-19, transportation providers should ensure staff continue to perform routine cleaning and may consider high-risk areas where additional cleaning and disinfection is warranted on a regular schedule.

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Routine Cleaning:

Soiled and frequently touched surfaces can be reservoirs for pathogens, resulting in a continued transmission to people.

Therefore, for pathogenic microorganisms that can transmit disease through indirect contact (transmission through contaminated surfaces), extra attention should be paid to surfaces that are touched most often by different individuals.

As part of standard infection control practices in public transportation settings, routine cleaning should be continued.

Routine cleaning of transportation settings include:

- Cleaning high contact surfaces that are touched by many different people, such as light switches, handrails and doorknobs/handles;
- Dust- and wet-mopping or auto-scrubbing floors;
- Vacuuming of entryways and high traffic areas;
- Removing trash;
- Cleaning restrooms;
- Wiping heat and air conditioner vents;
- Spot cleaning walls;
- Spot cleaning carpets;
- Dusting horizontal surfaces and light fixtures; and
- Cleaning Spills

What steps should Public Transportation Settings in NYS take for COVID-19?

Now:

- Transportation providers should direct staff to continue performing routine cleaning. High-risk locations warrant cleaning and disinfection on a regular schedule.

If an individual with laboratory confirmed COVID-19 was symptomatic in a specifically identified transportation- setting:

- Cleaning and disinfection throughout the area should be completed."